



80 Deaconess Road
Concord, MA 01742



NEWBURY COURT
Concord, MA
978-369-5151

ROCKRIDGE
Northampton, MA
413-586-2902

WESLEY WOODS
Gilford, NH
603-528-2555

DEACONESS
ABUNDANT LIFE
SERVICES AT HOME
Concord, MA
978-402-8620



THE 1889 SOCIETY

A MEMBERSHIP OF DONORS *caring about tomorrow*



IN 1889, A \$150 GIFT PLANTED THE
SEED THAT EVENTUALLY BECAME
DEACONESS ABUNDANT LIFE
COMMUNITIES.

*Today it's our turn to plant seeds that
will provide future generations
an exceptional community and
life-enriching compassionate care.*



2023 Annual Report



Message from Board Chair and CEO



DEAR FRIENDS,

For New England Deaconess, 2023 was a year focused on the future. Our mission calls us to “search for new opportunities to provide high-quality and highly valued care that exceeds the expectations of those we serve.” In 2023, our residents, staff, and board members found new ways to help people live their best lives to their fullest capabilities—now and in the future. This report chronicles some of the many successes they achieved, including the generosity of our donors. In 2023, NEDA received approximately \$4,000,000 in donations and Planned Giving Commitments.”

AMONG THE HIGHLIGHTS

Campus Master Plan: Work continued to finalize the exceptional future vision of our Concord campus. Proposed amenities include walking trails, a nature boardwalk, a variety of gardens, and new state-of-the-art residential and health care facilities.

Digital Sandbox: We are the only aging services provider in the Massachusetts Digital Sandbox network. Our residents and staff began piloting new technologies to determine if their use benefits people aged 62 and older. Of our two tech partners, one is a well-established company in the United Kingdom, the other is a startup led by two Harvard business school students.

Rockridge Success: Concerted efforts have financially strengthened our Northampton campus, which now boasts a 99% occupancy rate—a huge improvement in just a few years.

Visionary Philanthropy: The growth of The 1889 Society, our planned giving group, far exceeded our expectations in just its second year. A renewed culture of philanthropy is taking root at Newbury Court, with future generations of residents as the beneficiaries.

We are excited by the 2023 accomplishments of our residents, staff, and board members.

We extend our heartfelt thanks to each and every one of them.

And we thank you for your support of New England Deaconess.

Together, we are making it possible to better serve more older adults of all lifestyles across all our campuses. We are creating a future that will exceed expectations.

Sincerely,

Christopher Sintros
President and Chief Executive Officer

Ken Grinnell
Chair of the Board

Deaconess and the Massachusetts Digital Sandbox Program

Visionary leadership and the passion to be a positive disruptor in our field has positioned New England Deaconess to be the first and only aging services provider in the Massachusetts Digital Sandbox network. Accepted into the network amongst some of Massachusetts's most distinguished institutions, Deaconess has been selected to be a testing and validation site for new technology and innovation brought forth by startups in and around the Commonwealth.

This past year was our first experience in participating in the program, with the first challenge being dedicated to innovations to support healthy aging. This challenge would allow 4 companies an opportunity to win up to \$50,000 each in grant funding to trial their project with a Sandbox partner. Thirty-eight companies applied to showcase their digital health solutions aimed at improving the lives of older adults, helping them to remain active, independent, and socially connected. Eight finalists were selected.

We partnered with MiiCare, a UK-validated, AI-powered preventative care platform and digital health coach, Monica, seeking to bring their innovation into the United States market. We also partnered with Moneta Health, a cognitive rehabilitative therapy program delivered via the telephone, to older adults experiencing mild to moderate memory loss. This second partnership was also the first dual partnership to be submitted collaborating not only with Moneta Health but with our fellow Sandbox member, UMass Amherst.

We were awarded the opportunity to complete our project with MiiCare. Together, we are partnering to deploy MiiCare home setups within 15 apartments of residents living independently at Newbury Court. Our goal is to utilize this technology to see if benefits empower residents to be and remain more confident and independent within their homes, determine if there is a future opportunity for reduction in cost of care by using this platform, as well as if it provides comfort to



MASS DIGITALHEALTH



(continued next page)

(Deaconess and the Massachusetts Digital Sandbox, continued from previous page)

supporting family members. This project commenced in early March of 2024, and we are thankful to have 15 participants ready and willing to participate in this trial.

Through the sandbox, we have also been awarded a rolling grant opportunity, with an early-stage startup, PALM Care, led by two Harvard Business School students. Mission driven by personal experiences with Alzheimer's and dementia, they are working to develop a wearable device, connected to a software application, to monitor where a person is via geo-fencing and how they are functioning through movement data, all tied to a centralized application for care coordination. Our residents, staff, and family members have been participating in interviews and focus groups to share insights and experiences that can help refine and develop their product.

It has been a year of discovery, new relationships, and innovation. We are especially thankful for our resident tech committee who has been instrumental in sharing insights, feedback, and ultimately approval of the companies we have been collaborating with over this past year.

As we look ahead, technology and innovation are going to be a huge factor in how we can improve the lives of older adults and we can't wait to be catalysts for that change.



CELEBRATIONS

Each year, we cherish coming together to celebrate special moments and create unforgettable memories, like our Resident Luau, St. Patrick's Day Celebration, and Halloween Party.



Commitment to Community



Communication, Community and Coffee (CCC)

On any given Wednesday at 10:00 am you will find the Morrison Theatre in Concord full of residents and staff members. For over 20 years community members have been gathering for CCC. It is a time each week to be together discussing everything that is happening on campus.

While many people join in person, residents can also tune into 918, our internal channel, or join via Zoom.

A recent addition to CCC is that each week photos are shared from the past week on campus, travel pictures, baby photos (family member and resident's photos), and nature photos.

Usually only a half hour each week, CCC has withstood the test of time. CCC allows for questions to be asked, information to be shared, and friends to gather. Our community is made stronger because of this weekly event.

Neighbor to Neighbor Program

Newbury Court's commitment to community thrives through the Neighbor to Neighbor (N2N) program, led by Katharine Esty.

Arising from the challenges of the pandemic, this initiative divides residents into 20 neighborhood groups, each with dedicated coordinators to organize a variety of catered events, such as afternoon tea, cocktail parties, and dinners. N2N champions inclusivity, fostering increased social connections and a stronger sense of belonging among our residents.

As we reflect on the past year, N2N continues to embody our mission of enriching residents' lives and cultivating a vibrant community spirit.



Newbury Court

Deaconess Excellence Award Recipient Newbury Court

Lea Joseph

On a daily basis, Lea exemplifies the mission of New England Deaconess. While working at the North Concierge desk, Lea greets visitors, residents, and family members with kindness and respect. Newbury Court prides itself on a strong community and, after Lea joined Newbury Court September of 2022, she quickly became an integral part of the community.

Recently, we received a letter from a resident commending Lea on her “outstanding service”. Lea was described as “respectful and helpful” while dealing with a challenging situation in the North Lobby. These acknowledgments underscore the immense value of the empathy, patience, and professionalism that Lea consistently exhibits

Lea will tell you that her favorite part of her job is making a resident smile after providing assistance, and bringing her best self to work every day. With immense gratitude, Lea Joseph is awarded the Deaconess Award.





Newbury Court

Deaconess Excellence Award Recipient Newbury Court

Liz Lyng

Liz Lyng a member of the Newbury Court fitness department, runs our Parkinson's program. Under Liz's leadership, this program has helped hundreds of people here at Newbury Court as well as the local community. Liz is true to the Deaconess mission working those diagnosed with Parkinson's to live their best lives on a daily basis.

A member of the program since 2017 recently shared her experience in the program and it demonstrates just one person that Liz has worked with over the years.

"Many wonderful, dedicated people have played a role in building the support groups and the Rock Steady Boxing program. In the last couple years, Liz has been able to build on the breadth, depth and quality of the programs.

There are now actually four Parkinson's support groups to which Liz lends support. On the first Monday of the month Liz has responsibility for a program for all people with PD and their spouses/care partners. She succeeds in lining up some exceptional speakers. On the third Monday of the month Liz supports two peer-led support groups, one for people with PD and one for care partners. She also leads a monthly support group for participants in Rock Steady Boxing.

If you haven't visited a Rock Steady Boxing class, I highly recommend it! Liz's energy, dedication, humor and love for everyone are palpable..... It's a very comprehensive program including strength, stretching, aerobics and cognition. Liz keeps track of the whereabouts and wellbeing of all of "her boxers"...



Liz also puts out an extremely informative newsletter to the PD community. In addition to keeping us all current on the Parkinson's activities at Newbury Court, she alerts us to a large variety of educational and fitness programs offered by local and national organizations. Liz is a great learner herself and encourages us to be the same.

Newbury Court has become well known for its pro-active engagement with Parkinson's Disease. That has attracted some of its current residents, and others of us are on the waiting list."



Third Annual Shine the Light Celebration

This year at Newbury Court in Concord we celebrated our Third Annual Shine the Light Event. Each year, our corporate partners sponsor the event, which kicks off the holiday/winter season. This year's countdown was conducted by the Resident Executive Committee. Thank you to this year's sponsors!



Rivercrest

Rehab and Wellness Services



Rivercrest has proudly achieved a five-star rating from the Centers for Medicare & Medicaid Services (CMS), affirming our commitment to excellence in health inspections, staffing, and quality measures. We're grateful to our staff, residents, and community partners for their support as we continue to prioritize excellence at Rivercrest.



The Gardens

Ceramic Art Installation

In 2023, the ceramic studio at Newbury Court was alive with activity as residents, staff, and family members united for a special endeavor: crafting a ceramic mural to adorn the Gardens, our memory care unit. More than 300 unique ceramic pieces were meticulously crafted by over 120 individuals, each showcasing a variety of elements typically found in a garden. This collaborative initiative brought together members of our community, with residents from independent living, Rivercrest, and Gardens, alongside their families, and staff from various departments, all lending their talents. From delicate flowers and leaves to whimsical creatures like smiling snakes, rabbits, and butterflies, the ceramic pieces offer visual delight for both residents and visitors. Moreover, they provide an interactive experience. Visitors can not only admire them visually but also touch and engage directly with the art—a particularly meaningful encounter for residents in the memory unit.

“The flower pottery wall is another great example of how lucky we are to be part of such a great community. Residents, families, and staff from across the continuum created a variety of pieces that assembled together filled a once boring space with a beautiful 3D flower garden. This display provides an opportunity for residents, staff, families, and visitors to gather and create moments of joy. You can’t walk by the display and not smile.”

- Erin Dirks, Director of The Gardens



Ceramic Art Installation



Natalie Friberg

At the end of 2023, New England Deaconess was the recipient of a bequest from the Estate of Natalie Friberg.

This bequest, totaling over \$500,000 has been instrumental in the construction of accessible walking trails and gardens throughout the Concord Campus.

Natalie Friberg was a long time resident of Concord, MA. During those years, Natalie was an active member of the West Concord Union Church.

She had a love for the ocean, gardens, and flowers of all kinds.

Natalie spent the last few years of her life as a resident at The Gardens at Newbury Court in Concord.

It was very easy to identify Natalie in a group with her peers. She always wore eyeglasses that had over-sized square, colored frames.

It was unlikely to ever find Natalie out of sorts or having a bad day.

However, if that happened, a sure cure for the blues was to look at pictures of cats. This would spark a conversation with anyone that cared to join the discussion.

Natalie was truly a caring, loving lady.

Peter Gunness 1935-2023

Newbury Court
Resident and Leader

Peter Gunness

brought a lifetime of experience with nonprofit educational institutions when he moved to Newbury Court in 2013.

Fortunately for us, he valued being active in his community, so he shared his expertise and knowledge freely. President and CEO Chris Sintros considered Peter one of his most trusted advisors.

“Peter was the consummate professional nonprofit leader,” says Chris.

“He encouraged us to think big, to focus on excellence and a vision for the future. He translated his experiences into how Deaconess could achieve



excellence in nonprofit senior living.”

In his ten years at Newbury Court, Peter was instrumental in the creation of a Development Office and the hiring of a director of development. He served on the Library Committee and led the resident-run program that provides educational scholarships for staff members. Chairing The 1889 Society Committee reflected his appreciation for the powerful impact planned gifts can have on an organization. Peter passed away in November 2023,

just days before the second Louise’s Table event.

“Peter’s legacy at Newbury Court will be his lessons on how to build community through philanthropy. The generosity he inspired will be the catalyst that transforms our dreams into reality.”

– Christopher Sintros,
President and CEO



THE 1889 SOCIETY

MEMBERSHIP OF DONORS *caring about tomorrow*

Extraordinary Philanthropy

Double the success in Year 2

The 1889 Society is composed of individuals who have made or intend to make an estate or planned gift to Deaconess Abundant Life Communities. At the end of the group's first full year in 2022, Peter Gunness, the late chair of The 1889 Society Committee, said, "What we have been able to accomplish is really exciting. What's even more exciting is that we still have a lot of room to grow."

Peter's words proved prescient.

In 2023, The 1889 Society's membership doubled. The value of committed gifts more than doubled. These visionary residents have pledged more than \$5 million to sustain the quality of life at Newbury Court for future generations.

Many residents choose to donate part or all of their Entrance Fee Deposit. Planned gifts of any amount qualify you for membership in The 1889 Society. All are gratefully accepted and important for the future of this wonderful community.

The tremendous growth resulted from the work of The 1889 Society Committee. Meeting monthly, its seven members promoted the impact planned gifts can have on Newbury Court's future, and they invited friends and neighbors to learn more about The 1889 Society. Under their leadership, they built community through philanthropy, making Newbury Court all the more extraordinary.

The second-annual Louise's Table honored the Society's 30 members at the Concord Country Club in November. (We had to move off campus to accommodate everyone!) The event's name is a tribute to Louise Faucher Marshall, who helped



establish the Home for Aged Methodist Women, Newbury Court's predecessor.

At this year's dinner, surprise guest Louisa May Alcott, expertly portrayed by Orchard House Executive Director Jan Turnquist, delighted her audience with stories of her life in Concord. Jan noted afterward that Louisa would have loved what Deaconess does—for being a caring community. The evening wrapped up a remarkable year for The 1889 Society.

Visionary philanthropy has characterized our community since 1889. The members of The 1889 Society are setting a new standard in paying it forward.

(continued on next page)

Deaconess Abundant Life Communities

The 1889 Society Dashboard

April 1, 2022 — December 31, 2023

30

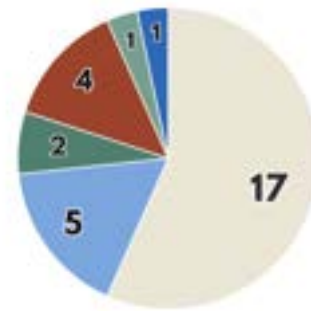
Members

\$1,338,413

Value of Received Gifts

\$4,994,129

Estimated Value of
Committed Planned Gifts



The 1889 Society Committee Members

Sally Nash, Chair
Newbury Court Resident

Jake Brown
Newbury Court Resident

Amy Capofreddi
VP of Development and
Community Life

Rev. John Lombard
NEDA Board Member

Christopher Sintros
President and CEO, NEDA

Lynn Stroud
Newbury Court Resident

Libby Wilson
Newbury Court Resident

The 1889 Society Members

Janet Bailey
Mary Jane Baylies
Larry Bergstresser
Jane Beswick
Jake and *Barbara Brown
Winifred B. Bush*
Barbara Clemens
Brooks* and
Mary Lu Cowgill
Rev. John Dusenbury*
Chuck & Joanne Gibson
Katharine Esty
Don Goldstein
Bo Grove
Peter Gunness*
Sarah Hindle

Betsy Julier
John Leigh
Armand and Mary Malo
Joan McGowan
Pat McKenzie
Ruth Evelyn Miller*
Martha Morrison*
Sally Nash
Joan Pierce
Betty Schiller
Bob and Lynn Stroud
Henry and Janet
Valliant
Alice Vannerson
Libby Wilson
Mark Hopkins/
Margie Yamamoto

*Deceased

Deaconess Abundant Life Services (DALs)

2023 Year in Review:

2023 was a year in which we focused on excellence in care for our clients and excellence in employment and retention for our caregivers. We provided care for a total of 306 clients which, was an increase of 40 clients as compared to 2022. We continue to work closely with Home Care Pulse, a widely used national organization to complete monthly satisfaction surveys for both our clients and caregivers. We saw a significant improvement in our two focus areas with our client surveys and scored well over the national average of the home care industry. We also improved the percentage of clients that would recommend DALs from 83.8% in January of 2023 to 91.5% in December of 2023. We are proud to announce that we once again received the Home Care Pulse Employer of Choice Award as well as their Leader in Training Award. We also received the Holleran Choice Community Award for Employee Engagement in 2023.

We hired 53 new caregivers and had an overall retention rate of 89.9% in 2023. We also instituted a new Caregiver Specialist Training Program and had the following course completions in 2023. These trainings provide our caregivers with enhanced skills and resources to provide the highest quality care to our clients and uphold the Deaconess mission of exceeding expectations.

• Home Care Pulse Training Path completions in 2023

- ADL specialist–35
- Engagement specialist–32
- Hospice specialist–34
- Safety specialist–28
- Cooking specialist–32
- Dementia specialist–39

• Live trainings completed in 2023

- Dementia training–25
- Hospice training–23

We successfully revamped our website and have initiated an online digital marketing campaign with the support of Love & Company. Please check out our new and improved website!

We are looking forward to a year of sustained growth in 2024 and are excited to look at new ways we can support the clients we serve both on and off of the Newbury Court campus.



Hired 53
new caregivers
throughout 2023

Provided care
for 305 clients.



Bringing our tradition of care to your home



Deaconess Excellence Award Recipient Deaconess Abundant Life Services

Shoma Moyo

It is our pleasure to nominate Shoma Moyo for the DALs Deaconess Excellence Award. She has given her heart and soul to DALs for the past 5 years. Shoma exudes so much enthusiasm and commitment to her clients, families, and colleagues alike. She is unwavering and so loyal to DALs and all those that she serves. When you hear the name “Shoma”, there is an automatic smile that comes across your face. Every client that she has cared for respects her, trusts her judgements, and are always happy to see her. Shoma always goes the extra mile and then some; she genuinely cares for her clients and their families and always extends herself to ensure her clients’ expectations have not only been met but exceeded. Shoma is considered a part of the family with many of her clients, as she has the innate ability to develop and foster positive relationships. When reviewing client details with Shoma, she always says, “I won’t let you down,” and she never does. Interestingly, she has earned a Master’s Degree from her country of Tanzania in Accounting and Finance, but explained that her heart always drew her to taking care of people. We are so blessed and fortunate to have such a faithful and dedicated care giver like Shoma. She represents DALs in the most professional and kind way. Thank you, Shoma, for all that you do, and continue to do, for DALs and in life.





Rockridge

As we look back upon 2023, we can't help but continue to be proud of the transformation that has taken place in our community over the past two years. In June of 2022 we celebrated 50 years at Rockridge. It was a joyous occasion to celebrate and honor our mission-driven community that Elmo and Violette Young began. We have continued to celebrate and grow in 2023.

We partnered with MARCH (Massachusetts Association for Residential Care Homes) with a goal of impacting change for better coverage timelines, and develop processes for rest homes to utilize and obtain coverage. We brought the rest home to 100% occupancy, with all residents having an active payer.

We utilized Mass Save resources for two brand-new efficient boilers at Rockridge, to be used in the Assisted Living boiler room and the 50-year-old boiler room in the rest home. The project concluded in early December. We saved 50% on the project through this incentive program.

The community room renovation was approved and construction is set to begin February 26, 2024. This will allow the community a new and exciting space for meetings, activities, functions, and events.

We closed 2023 at 99% occupancy, after moving in 42 new residents. Each new resident adds a new perspective and value to our already diverse community. Over the year we got to know one another through weekly soirees hosted by our Director of Clinical Services Cassandra Grady. It brought the community together for fresh air, tasty treats, and music often played by our own residents. In addition, we continue to showcase art monthly, and had the honor of showcasing not only a resident's daughter's artwork but one of our rest home resident's artwork as well in our exhibit hall. We ended the year with a hugely successful holiday party, in which residents from all areas in the community came together for holiday treats, trivia, games, and prizes.

Under the leadership of Jennifer Wykowski, the team has continued to stabilize and grow in 2023. We continue to foster the socialization and warmth that this community exudes. We continue to provide top-notch care and compassion to all we have the privilege to serve. Thank you to 2023, but we are ready for 2024, and the continued success and innovation as we move forward.

Rockridge

Deaconess Excellence Award Recipient Rockridge

Janet Lebrecque, CNA

Janet Lebrecque is a CNA supervisor at Rockridge Retirement Community. Prior to joining Rockridge, Janet was a CNA at Farren Care Center for many years until its closing. Janet earned her CNA certification in 2003 and has worked diligently caring for the elderly population since. Janet was promoted to CNA supervisor at Rockridge in 2023. While at Rockridge Janet has assisted in reducing agency hours, working with staff to fill holes, and providing supervision and oversight to all Rockridge communities on the 3-11 shift. Janet works closely with staff and families to assist and resolve any concerns that arise. Janet has become an integral part of the Rockridge team and goes above and beyond at all times. Janet truly exhibits the Deaconess mission daily and is known to take on additional responsibilities for the betterment of our community.





Upon reflection, it is a good year when you can look back and appreciate so much that is Wesley Woods. An attractive, active, caring community—where neighbors support each other in good times and the most challenging of times. There are many opportunities for residents to enjoy each other and share in each other's lives—at the monthly themed community potluck gatherings, coffee and conversation hour, book group, art class, craft group, exercise program, mini-golf, ice cream outings, and various trips, to name a few. We are fortunate to enjoy the beautiful natural world around us. Wesley Woods' Residents live in a truly wonderful neighborhood surrounded by woodlands, striking granite ledge and lots of wildlife—deer, turkey, fox, bobcats and bear sightings are common. As you look toward the skies— you are mesmerized by stunning sunsets and soaring hawks.

Meeting and exceeding Resident expectations--- Always the goal. As director, I work diligently to keep a pulse on the community - Resident health, well-being, any stated or perceived needs, and overall satisfaction—and it is always nice to get concrete confirmation that things are tracking in a positive direction. Our 2023 Resident Satisfaction Results were very favorable, which reinforces the feeling that we are doing many things well here at Wesley Woods.

To share with you: average scores for satisfaction or high satisfaction include: 1) Community = 98.6%, 2) Your Home = 90%, 3) Programs = 93%, 4) Director = 99.5%. Common themes in terms of “what is most important to you?” include: 1) the feeling of safety and security, 2) sense of community, 3) affordability, 4) overall appearance, 5) maintenance free living, 6) programs & activities.

Our Residents serve as ambassadors to the greater Lakes Region area, and as a result, we have a healthy waitlist that has tripled in the last three years and a full census—never to be taken for granted. We want to ensure that people continue to choose Wesley Woods. Therefore, we will continue to work in the spirit of continuous quality improvement—which acknowledges that nothing is ever perfect, but we will continuously strive towards excellence.

As I approach my third-year anniversary with NEDA and Wesley Woods, I feel most fortunate and look forward to the year ahead. If you have not been to Wesley Woods in beautiful Gilford, New Hampshire—I warmly invite you!

With Gratitude,

**Carrie Chandler,
Community Director**



Financial Report

Consolidated Balance Sheet

	2023	2022
Current Assets (Cash, AR, Other)	\$34,067,955	\$28,740,000
Investments and Trustee Funds	59,759,000	58,465,000
Fixed and Other Assets	75,104,000	74,510,000
Derivative Financial Instruments	1,860,000	2,248,000
Gift Annuities Receivable	34,000	400,000
TOTAL ASSETS	\$170,825,000	\$164,363,000
Current maturities of LT Debt	1,345,000	1,275,000
Line of Credit	0	4,974,000
Accounts Payable, Accrued Expenses and Gift Annuity	5,374,000	4,452,000
Entrance Fee Refunds Payable	1,102,000	500,000
TOTAL CURRENT LIABILITIES	\$7,821,000	\$11,201,000
Refundable Fees and Deferred Rev. from Advance Fees	129,891,000	129,019,000
Line of Credit	4,724,000	0
Derivative Financial Instruments	0	0
Long-Term Debt	36,105,000	37,397,000
TOTAL LIABILITIES	\$178,541,000	\$177,617,000
Total Equity	(7,716,000)	(13,254,000)
TOTAL LIABILITIES AND NET ASSETS	\$170,825,000	\$164,363,000

Consolidated Statement of Operations

	2023	2022
Total Revenues	47,080,000	48,174,000
Employee Costs	29,695,000	29,018,000
Operating Expenses	13,709,000	13,914,000
Interest Expense and Fees	1,530,000	1,510,000
Depreciation and Amortization Expense	4,464,000	4,470,000
Amortization Revenue-Entrance Fees	1,510,000	1,510,000
Operating Margin	(808,000)	772,000
Non-Operating Income:		
Investment Gain and Income	6,613,000	(7,664,000)
Change in fair value of derivative financial instruments	(388,000)	4,428,000
Loss from Discontinued Operations	(19,000)	(222,000)
CHANGE IN UNRESTRICTED NET ASSETS	5,398,000	(2,686,000)

Consolidated Statement of Cash Flows

	2023	2022
Cash Flows from Operating Activities	7,866,000	878,000
Cash Flows from Investing Activities	143,000	(4,184,000)
Cash Flows from Financing Activities	(1,964,000)	1,553,000
NET INCREASE (DECREASE) IN CASH	6,045,000	(1,753,000)

Deaconess Abundant Life Communities financial statements are prepared under policies and procedures overseen by the Audit Committee and Board of Directors. The statements are audited by Baker Tilly US, LLP. A summary of the audited financial statements is shown above. The audited statements are available upon request.

Leadership / April 2023 - April 2024

NEDA/DALC Board of Directors (2023-2024)

CHAIRPERSON
Kenneth Grinnell

TREASURER
John Young

PRESIDENT
Christopher Sintros

Glenn Burlamachi
Hon. John Cratsley
Dr. Sunita Hanjura
Harry Hedison
Rev. John Lombard
Marcia MacClary
Marilyn Mudry
David Murphy
Sheila Watts
Donna West
Rev. Matthew Wissell
Carol Wilson

Emeritus Board Members

Ted Barten
Nancy Carr
David S. Chick
George Haller
Earl Hutt
Rev. Shephard S. Johnson
Susan Powers

Newbury Court Board of Overseers (2023-2024)

Larry Bergstresser
Rebecca Cutting
Katharine Esty
Diane Forte
Margaret Hoag
Libby Kurten
Rev. John Lombard
Marty Ryan
Christopher Sintros
Donna West
Billie Wyeth

Rockridge Board of Overseers (2023-2024)

John Young, Chairperson
Steve Lanning
Dr. May Awkal-Matisewski
Christopher Sintros

Leadership Team

Christopher Sintros,
President and C.E.O.

Jenny Baldassarre,
Regional Operations Specialist

Sheena Brien, *Director of
Human Resources*

Christine Battisti Keane,
Executive Director, Rivercrest

Chuck Morin, *Director of
Information Technology*

Amy Capofreddi,
*Vice President of Development
and Community Life*

James McGowan,
Chief Financial Officer

Tori Taylor, *Executive Director,
Deaconess Abundant Life
Services*

Jennifer Wykowski,
Executive Director, Rockridge



*We gratefully thank these generous members
of our Giving Societies
for their gifts received between
January 1 and December 31, 2023*

Leadership Circles

Gifts over \$100,000

*Winifred B. Bush
Levin Campbell
N. B. Friberg Trust

Gifts of \$25,000 to \$100,000

*Peter Gunness
Armand and Mary Malo
*Ruth E. Miller
Elizabeth Shiller

William H. Duval Society

Gifts of \$10,000 to \$24,999

Anonymous
Richard D. Thornton Revocable Trust
John C. and Mary M. Young

Herb Taylor Society

Gifts of \$5,000 to \$9,999

Jake and *Barbara Brown
Sally S Cross Trust of 2017
William J. Grove
David and Lauren Murphy
Nixon Peabody, LLP
S & R Carpet and Floors
Michael and Sally Schnitzer

Roy Fogelgren Society

Gifts of \$2,500 to \$4,999

Jane Brace
Theodore B. and Janice Carvalho
William W. and Martha P. Cooper
Concord Funeral Home
Kenneth and Donna Grinnell
Elizabeth Julier
Sarah H. Lemaire
M&T Charitable Foundation
Sally Nash
Joan Pierce
PROperties
Christopher S. and Erin Sintros
United Methodist Foundation
USI Insurance Services LLC
Henry W. and Janet G. Vaillant

*Deceased

President's Society Gifts of \$1,000 to \$2,499

Shirley Andrews
Adelaide Breed Bayrd Foundation
Judith W. and James R. Averill
Carol R. Wasserloos
Baker Tilly Virchow Krause, LLP
Barbara Belz
Jane D. Beswick
Blue Cross Blue Shield of Mass., Inc.
Matthew K. and Alice F. Bonner
Amy and Matthew Capofreddi
Caring Communities
David S. Chick
The Clarke Charitable Foundation
Barbara Clemens
Charles I. and Gloria Clough
John C. and Holly B. Cratsley
Margaret and *Richard D. Culver
Dalton Avery
Charles Davis
Glenn B. Dorr
Len Edgerly and Darlene Determan
Emerson Hospital
Katharine Esty
Patricia and *Robert Fraser
Lillian Gailius
Suzanne Gally
Cyrus F. and Joanne F. Gibson
Donald P. Goldstein
George S. and Clarice B. Gordon
The Linda Hammett Ory & Andrew Ory
Charitable Trust
Marian W. Hopkins
Howse Corporation
Elizabeth E. Keitel
Karen Kennedy
Herbert and Elizabeth Kleiman

Rita Knapp
Constance C. Kokubo
*Dorothy Krekorian
Sidney and Sarah Landau
Patricia MacKenzie
Colin and Leslie Masson
Middlesex Savings Bank
Carol and Carl Miller
Gail Morrissey
Betsy Moyer
Marilyn Mudry and Gregory Burch
Theodore and Mary E. Myer
Susan Craig and Mary A. Myers
Perkins Eastman Architects
Isabelle Plaster
Robinson Roswell Legacy
Cynthia Schweppe
Kenneth and *Linda Senne
Mary Ellen Serino
Joanna H. And Gordon Shaw
Amy Sluyter
Carol D. Strasburger
Robert and Lynn Stroud
*Richard Thornton
Transitions Liquidation Services
Alice Vannerson
Rob Warren and Sally Mazur
Donna West
Robert* and Marina Whitman
Carol and Christopher Wilson
Gene and Daniele Wong
Charles L. Wright and Lynn Hughes
B C Ziegler & Company

*Deceased

The Deaconess Society Gifts of \$500 to \$999

Mindful Healthcare Agency
Leona Arsenian
Linda Ball
Iris Werbalowsky and Theodore A. Barten
Mary Baughman
Thomas Bell and *Diana Bell
Judith Blatchley
Marcia Bradley
Susan and Glenn Brewster
Gene Brockington
Elizabeth Campbell
Robert E. and Nancy E. Carr
Patricia Clark
Beverly Coates
Boston's Best Coffee
Ann L. Curtis
Robert F. Dore
Barbara I. Duhamel
Joan Eddy
*William Edgerly
Robert Carr and Ken Elmer
William and Margaret Ely
Nancy Frank
Adelheid V. Goeler
James N. Hallock
Esther Handy
Katrina Henchman
Franklin and Priscilla Hundley
Earl H. and Connie Hutt
Norel Service Co., Inc.
J. Turner's Seafood Inc.
Penelope D. Johnson
Theodore and Della Johnson
Sara Kelley
Annabelle Kellogg

John A. and Maribeth Klobuchar
Joan Lawrence
Benjamin Esty and Raquel Leder
John H. and *Arline J. Leigh
Joseph P. and Carol Lenox
*Pamela Lippa
Mary O. and Charles R. Longworth
Roy H. and Sandra Lynn
Robert and Lois McKown
Susan E. Newbury
Michael B. Patterson
Pamela Pettengill
Sue and Stephens Powers
Alexander L. and Julia Pugh
Barbara Robinson
Claire and Elizabeth Rook
Steven M. and Marilyn Seminerio
Marquis Tree Service
Peggy Sharpe
Kenneth Skinner
Miriam and Paul Slater
Roger E. and Helen Stoddard
4M Building Supplies
Margaret Alvarez de Toledo
Eoin and *Ann Trevelyan
*Tanis Vollman
Joseph C. Wheeler*
Brad Scharf and Mary White
Lois and Alan Whitney
Herbert P. and Angela M. Wilkins
Elizabeth H. Wilson
Mark Hopkins and Margaret Yamamoto

*Deceased

The Century Club Gifts of \$100 to \$499

Aiko Adachi
 Helen A. Alexander
 Jo-Ann Altmark
 William B. and Sheryl J. Appleton
 Patricia Arnold
 Judith Ashkin
 Fay Baird
 *Sarah F. Baird
 Peter Titelman and Katherine Baker
 David Bell
 Lawrence Bergstresser
 George W. III and Shirley Blanchard
 Amy C. Sterling-Bratt and Steven Bratt
 Delores Buchanan-Steadman
 Patricia Carney
 Leslie D. Cheney
 Karen Chiang
 Glenn and Gee Chin
 Jeanne and Tom Chin
 Stanley Chin
 Tim Chin
 Dorothy W. and David C. Ching
 Nancy Cieslak
 United Methodist Women of
 Cochituate
 Educators Collaborative
 Classic Consignments
 Warren Cook
 Lucena and *F. Brooks Cowgill
 Marjorie Daggett
 Claiborne Dawes
 Charles W. and Dari Dee
 Elaine DiCicco
 Paul Dionne
 Florence Doo
 Glenn Dorr
 Ann Fauver
 Renaissance Charitable Foundation
 Shelley L. French
 Victor J. Goldberg Philanthropic Fund
 Henry V. and Aprile Gallant
 Joan and Nathaniel Gorton
 Electra Govoni

Samuel Gray
 David A. Gray
 James P. and Mary S. Hackett
 George Haldeman
 Bernard and Marie A. Harleston
 Deborah Harrington
 Edward A. Hattauer
 Philip and Alice Hayen
 James and Sandra Herbert
 Sarah K. Hindle
 Nancy L. Horan
 Georgea F. Hudner
 Judith A. Hultzen
 Debora A. Iderstine
 Bruce and Eileen Katz
 Gail Keane
 Elizabeth R. Kehne
 Deborah Keohan
 George H. Kidder
 June R. Kosich
 Kenneth Kruger
 Libby Kurten
 Morin's Landscaping
 Kathleen Lang
 Margaret and *Bruce Langmuir
 Mary and Philip Lapalme
 Lydia Lauderdale
 Elizabeth Leavitt
 Sarah H. Leavell
 John and Janet Lombard
 Trident Building LLC
 Strategic Care Solutions, LLC
 Elisabeth Loizeaux
 Gregory H. and Betsy P. MacDonald
 Lawrence Marin
 Andrew G. Marsh
 Mary Mason
 Kathryn A. Moen
 Karen Moodie-Gallagher
 Gail Morrisey
 Robert Morris
 Deborah Morrison
 Mae R. Morrison

George Moy
 Geraldine Nelson
 Anne Newquist
 Earl and Mardee Nordberg
 Roger Nozaki
 Edward and Barbara O'Brien
 Christopher A. Myers and Cherie L. Rankin
 Susan Rardin
 Kate Reagan
 Francine Resler
 Jean M. Riseman
 Cora-Jean Robinson
 Harriet C. Rogers
 Bernard Rudman
 Eva Sacco
 Neal Schuster
 Gregory Sheehan
 David A. and Abby E. Skilling
 Pamela L. Tannenbaum and
 Alexander J. Skolnick
 Headley H. and Roger W. Smith
 James M. Mueller and Susuan Sprung
 Andra Stein
 Rob Stengel
 Langdon R. Stevenson
 Johnna L. Stinson
 Helen Swinton
 Maureen Sullivan
 Diana L. Veith
 Emanuel and Doris Wachsler
 Lilian J. Warner
 Sam Nagler and Debra Waukonen
 Richard J. and Mary E. Webber
 Anne B. and Kenneth M. Weiss
 Eric and Eileen Winkler
 Wizeguides
 Mary Wong
 Calvin Wong
 Jim and Lucy Wong
 Byron E. Woodman
 Brian Woo
 Elizabeth J. and Alexander Wyeth
 Anna Yee

Tributes

We extend our sincere sympathy to the many families and individuals associated with Deaconess Abundant Life Communities who have lost special loved ones. We give our grateful thanks for the memorial gifts we received during 2023 in tribute to the following individuals:

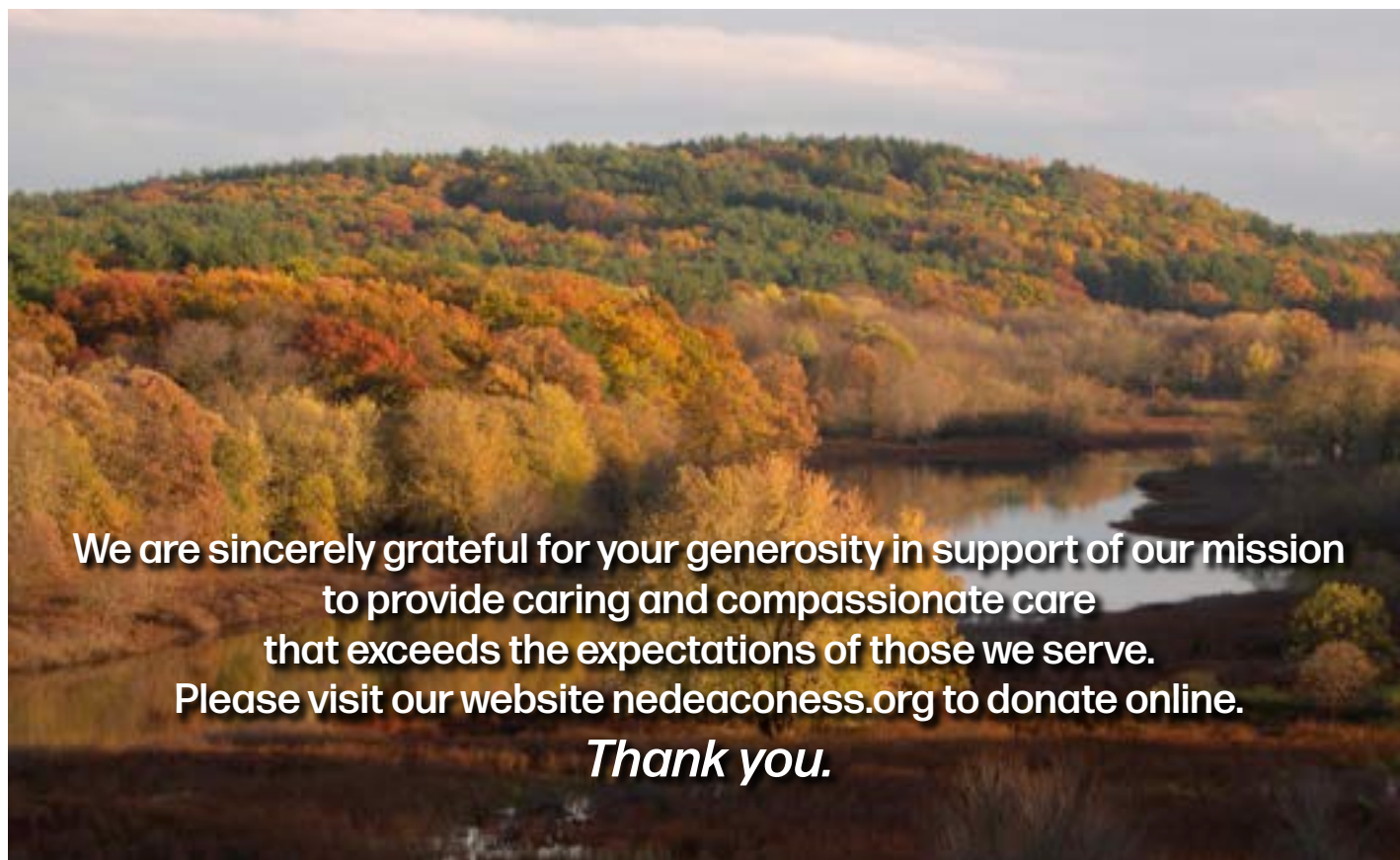
Samuel S. Alexander	Paul and Priscilla Gray
Sarah Baird	Sidney Grove
Adelacide Breed Bayrd	Peter Gunness
Richard Bell	Edna Hayen
Wanda Blanchard	Nancy Homans
Barbara Brown	Robert Johnston
Winkie Bush	Arlene J. Leigh
Doris and Arthur Carr	Guy S. Morrison
Gloria Chick	Mike Rosenbaum
Frances Cobino	Bibe Schnitzer
Vilma DiBiase	Rev. Riley Shirley
Larry Doo	Andrew and Esther Skilling
Anne Dorr	Birchy Weeks
Robert G. Fraser	Belle Ruth Black Werbalowsky

Honorary Gifts

We are grateful for all the donors who supported our work while honoring a friend, colleague, or loved one with a gift from the heart. Gifts were made in honor of the following individuals:

Glenn Dorr
Kristin Rinehimer
Wayne Busa
Fayad Lahout
William and Margaret Ely

We have been careful in the preparation of this list; however, some errors or omissions may have occurred for which we express our sincere apologies. If a name has been inadvertently omitted or incorrectly listed, please bring it to our attention so we may correct and update our records.



We are sincerely grateful for your generosity in support of our mission to provide caring and compassionate care that exceeds the expectations of those we serve.

Please visit our website nedeaconess.org to donate online.

Thank you.



Join us on the trails where each path leads to new discoveries and every moment is a breath of fresh air.

From blossoming springs to vibrant autumns, our residents trek through seasons, sharing laughter and memories along the way. Come walk with us and embrace the joy of the great outdoors!

Mission Statement

What do we have to do?

Deaconess will effectively use our human and financial resources and will search for new opportunities to provide high-quality and highly valued care that exceeds the expectations of those we serve.

Core Value Statement

Deaconess Abundant Life:

Cares compassionately for our residents, staff, volunteers, and their families while sharing

Abundant Life with an attitude of joy, hope, and commitment

Reaching out to our community with a holistic focus on body, mind, and spirit in an

Environment which leads to continued excellence and financial strength as we

Strive for new and innovative ways to better serve older adults

Editorial Contributions

James Alton
Jenny Baldassarre
Brenda Pelley
Jan Carvalho
Carrie Chandler
Tori Taylor



For any questions, please call Amy Capofreddi at 978-402-8273 or email acapofreddi@nedeaconess.org

